

12:13



← Appointment summary

5:20 PM

Sunday, October 24, 2021



Length

20 minutes



Clinician

General Medical, Camille Stackhouse (F)

[View bio](#)



Format

Video

Reason

severe panic attack, would like medication to calm down today before I seek Psychotherapy

Summary



Clinician notes



12:13



← Visit Summary

For

Christopher Nowlin

Time

5:20 PM, Oct. 24, 2021

Reason

Anxiety

With

Camille Stackhouse PASUP

Assessment / Plan

40 y/o male presents with c/o of anxiety x 3 months. States this current episode is the worse one he has had and wants some medication but has been trying to avoid psych meds. Will give a 30 day supply of Hydroxyzine 50mg one po Q6 hours daily PRN. Also gave referral for BH and psych. Also advised to book on the BAbylon.

anxiety

F41.9: Anxiety disorder, unspecified

BEHAVIORAL HEALTH REFERRAL

PSYCHIATRIST REFERRAL

HYDROXYZINE HCL 50 MG TABLET

Prescription

Name: CVS/Pharmacy #8868

Phone Number: (310) 370-5607

Fax Phone Number: (310) 370-8083

Address: 5020 West 190th St

Torrance, CA 90503

Take 1 tablet 4 times a day by oral route.

12:13



← Visit Summary

Patient Instructions

Great to speak with you today. I hope I was able to answer all your questions.

As we discussed I have given you a thirty day supply of hydroxyzine 50mg one pill every 6 hours to help control your anxiety.

I have also put in a referral for BH and psych department for you.

You can also go on the Babylon app and book an appointment as well. We have a BH appointment available for tomorrow morning and first PSych appointment is in 4 days,

Please make an appointment with your PCP for continuity of care.

If you develop any suicidal homicidal or depressive symptoms please call Babylon back or go to emergency department

If you need anything else, we are here for you 24/7!

Discussion Notes

is a telemedicine clinician-patient encounter. All information was collected through audio and/or video chat. The patient has consented to this type of visit. 10/24/2021

Summary of Discussion

