

12:15



← Appointment summary

2:45 PM

Thursday, November 4, 2021



Length

60 minutes



Clinician

Psychiatry, Paula Zuccaro (F)

[View bio](#)



Format

Video

Reason

This is an invite to book your initial or psych appointment. Please book with a provider of your choosing. If you have any questions please give us a call at 800-475-6168

Summary



Clinician notes



12:15



← Visit Summary

For

Christopher Nowlin

Time

2:45 PM, Nov. 4, 2021

Reason

BH Intake

With

Paula Zuccaro NP, S

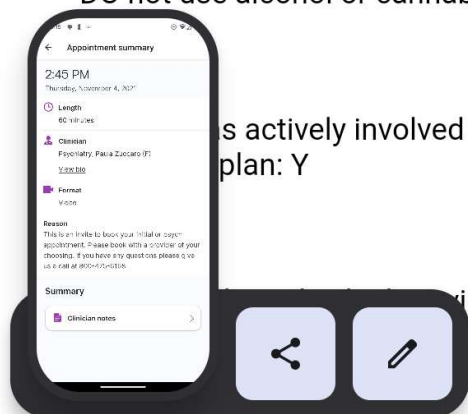
Assessment / Plan

40 yr old male presents for the treatment of panic attacks. He was recently treated with hydroxyzine 50mg po four times a day. This dosage causes tiredness. Patient agreed to a lower dose today. Patient is cooperative and polite. He has current life stressors.

Plan: follow up in 4 weeks
continue with therapy
begin hydroxyzine 10mg po qid to prevent panic attacks. Never take more than total of 100mg po daily
IF symptoms worsen please call 911 or go to and ED
DO not use alcohol or cannabis both increase anxiety

is actively involved in the development of
plan: Y

ice Plan will be provided
Patient Portal at the



Visit Summary

Patient was actively involved in the development of treatment plan: Y

A copy of the Individual Service Plan will be provided for the patient in the Babylon Patient Portal at the end of the visit.

panic disorder without agoraphobia with moderate panic attacks

F41.0: Panic disorder [episodic paroxysmal anxiety]

HYDROXYZINE HCL 10 MG TABLET

Prescription

Name: CVS/Pharmacy #8868
Phone Number: (310) 370-5607
Fax Phone Number: (310) 370-8083
Address: 5020 West 190th St
Torrance, CA 90503

Take 1 tablet 4 times a day by oral route.

Quantity: 120 tablet(s)
Refills: 0

Patient Instructions

of care. Patient verbalizes understanding of plan of care.

